



PRACTICAL GUIDE

FAMILY BENEFIT FOR CHILDREN AND YOUNG PEOPLE

INSTITUTO DA SEGURANÇ A SOCIAL, I.P.

TECHNICAL FILE

TITLE

Practical Guide - Family Benefit for Children and Young People
(4001 – V4.67)

OWNERSHIP

Instituto da Segurança Social, I.P.

AUTHOR

Benefits and Contributions Department

PAGINATION

Communication and Customer Management Department

CONTACTS

Social Security Line: 210 545 400 | 300 502 502, business days from 9:00 a.m. to 6:00 p.m.

Website: www.seg-social.pt, please consult the Social Security Online Service.

PUBLICATION DATE

12 July 2024

TABLE OF CONTENTS

A – Family benefit for children and young people - What is it?	4
B1 – Who is entitled?	4
Who is entitled to the family benefit for children and young people?	4
Until when there is entitlement to the family benefit?	5
Young people without disabilities	5
Young people with disabilities	6
B2 - How does this benefit relate to others already received by the applicant?	6
The family benefit for children and young people cannot be accumulated with	6
The family benefit for children and young people can be accumulated with.....	7
C - How to apply. Necessary forms and documents	7
Application for the family benefit for children and young people	8
Forms.....	8
Necessary documents	9
Who may submit the application?.....	11
Where to submit the application?	11
Until when the application must be submitted?	13
D1 - How does this benefit work? How much will the applicant receive and when will he/she receive it?	13
How is the benefit calculated?.....	13
What are the 5 reference income levels?	14
When will the benefit be paid?.....	16
Entitlement period.....	17
How to request the reassessment of the household income level	17
D2 – Payment of the family benefit for children and young people.....	18
D3 – Duties of the holder/beneficiary	19
The holder/beneficiary must state any family benefits for children and young people received from another institution	19
The holder/beneficiary must notify the Social Security services within 10 days of any change of circumstances that may affect the family benefit payment:.....	19
Documents to submit when required by the social security services	20
Mandatory submission of school proof.....	20
Submission of documents supporting the household income and composition.....	22
What happens if the holder/beneficiary does not comply with his/her obligations?	23
D4 – Reasons for the end or suspension of the family benefit for children and young people payment.....	23
The payment of the family benefit for children and young people is suspended in one of the following situations:	23
The family benefit payment ends when.....	24
E1 - Applicable Legislation	25
E2 – Glossary	28
Frequently Asked Questions	29
General Frequently Asked Questions	29
Frequently Asked Questions – Determination of the household composition and income	30
Frequently Asked Questions - International Affairs	31

The information in this practical guide does not waive the consultation of the law.

A – Family benefit for children and young people - What is it?

It is a monthly cash benefit aimed to support families in the care and education of their children and young people.

B1 – Who is entitled?

Who is entitled to the family benefit for children and young people?

Children and Young People

Young People

Until when there is entitlement to the family benefit?

Age limits according to the education level

Who is entitled to the family benefit for children and young people?

Children and young people:

- whose household movable assets (bank accounts, shares, bonds) do not exceed the value of €122.222,40⁽¹⁾ at the date of the application submission;

Note ⁽¹⁾ The family benefit for children and young people granting is subject to means-testing.

The means-testing condition corresponds to the limit of income and value of assets of the person who is applying for a Social Security benefit or support, as well as of the respective household. In the case of the family benefit, the limit is 240 times of the social support index (IAS – *Indexante dos Apoios Sociais*) value, that is, €122.222,40 (240 x €509,26).

For more information about the means-testing condition, please consult the *Guia Prático – “Condição de Recursos”* (Practical Guide – Means-testing).

- who reside in Portugal or are treated as residents (see Glossary - Persons treated as residents).
- whose families reference income is below the threshold value;
- who are accommodated in social support establishments.

Young people:

- who are not working, unless the work is carried out under an employment contract during school holidays, in accordance with Article 83-A *et seq.* of Law no. 110/2009 of 16 September – Code of Contributory Schemes of the Social Security Welfare System.

Please note: The working period cannot exceed the school holidays period established for the respective level of education.

Until when there is entitlement to the family benefit?

- Children and young people are entitled to the family benefit until the age of 16.
- Young people aged 16 or more are entitled to the family benefit only if they are studying or have a disability (see Table 1).

Table 1 – Family benefit payment to young people aged 16 or more

	Age (completed during the school year: from 1 September to 31 August)	Who are not studying	In the basic level of education (until 9 th grade) or equivalent	In the secondary level of education (until 12 th grade) or equivalent	In the higher level of education or equivalent
Young people without disabilities	16 - 18	No	Yes	Yes	Yes
	18 - 21	No	Yes, in the event of sickness or accident	Yes	Yes
	21 - 24	No	No	Yes, in the event of sickness or accident	Yes
	24 - 27	No	No	No	Yes, in the event of sickness or accident
Young people with disabilities	16 - 24	Yes	Yes	Yes	Yes
	24 - 27	No	No	No	Yes

Age limits according to the education level

For the purpose of granting the family benefit to a young person aged 16 or more, it is considered the age of that person at the beginning of the school year (1 September).

If, during the school year, the young person reaches the age limit established according to the respective education level (basic, secondary or higher), he/she will be entitled to the family benefit until the end of the school year in question.

Example: On 1 September of the school year 2023/2024, the young person is aged 17 and enrolled in the basic level of education. He/she will turn 18 in January 2024; therefore, he/she is entitled to the family benefit until 31 August 2024.

Young people without disabilities

- aged 16 to 18 - are entitled to the family benefit, if they are enrolled at least in the basic level of education or *equivalent*;
- aged 18 to 21 - are entitled to the family benefit, if they are enrolled at least in the secondary level of education or *equivalent*;

- aged 21 to 24 - are entitled to the family benefit, if they are enrolled in the higher education level or *equivalent*.

Please note: If, due to an accident or sickness situation, the young person is unable to finish school successfully, he/she may continue to be entitled to the family benefit:

- up to the age of 21, if he/she is enrolled at least in the basic level of education or *equivalent*;
- up to the age of 24, if he/she enrolled at least in the secondary level of education or *equivalent*;
- up to the age of 27, if he/she is enrolled in a higher education level or *equivalent*.

Specific cases

If the young person has completed the 12th grade and failed to be admitted in the university because the rules for access to higher education have changed, he/she will be entitled to the family benefit:

- in the following year, if he/she is aged under 24;
- up to the age of 21, provided that he/she finishes the 12th grade before that age.

If the young person cannot enrol the following year due to curricular reasons (i.e., reasons that are not of his/her responsibility), he/she will be entitled to the family benefit:

- up to the age of 18, if he/she is attending basic school subjects;
- up to the age of 21, if he/she is attending secondary school subjects;
- up to the age of 24, if he/she is attending higher education subjects.

Young people with disabilities

Young people with disabilities are entitled to the family benefit up to the age of 24. If they are attending a higher education course or equivalent, they will continue to be entitled to the child benefit until they finish their course or complete the age of 27.

B2 - How does this benefit relate to others already received by the applicant?

The young person cannot accumulate the family benefit with...

The young person can accumulate the family benefit with...

The family benefit for children and young people cannot be accumulated with

- Unemployment benefit

- Unemployment social benefit
- Social pension
- Parental Benefit

The family benefit for children and young people can be accumulated with...

- Increase in the family benefit amount for single-parent families (if the child or young person lives with only one adult)
- Increase in the family benefit amount for the second, third or following children (for households with two or more children aged between 12 and 36 months and up to the 4th income level)
- Child guarantee
- Scholarship
- Disability Bonus
- Allowance for the attendance of special education establishments
- Allowance for the care provided by a third party
- Prenatal family benefit
- Social integration income
- Orphan's pension
- Survivor's pension
- Death grant
- Inclusion Social Benefit
- Work, provided that it is carried out under an employment contract during school holidays, in accordance with Article 83-A et seq. of Law no. 110/2009 of 16 September – Code of Contributory Schemes of the Social Security Welfare System.

Please note: The working period cannot exceed the school holidays period established for the education level concerned.

C - How to apply. Necessary forms and documents

Application for the family benefit for children and young people

Forms

Necessary documents

Who may submit the application?

Change of the family benefit holder

Where to submit the application?

Until when the application may be submitted?

Application for the family benefit for children and young people

Note: Pregnant women who have applied for the prenatal family benefit (before the child's birth) are exempt from applying for the family benefit for children and young people. They only have to submit the child's identification document at the Social Security customer information services.

Beneficiaries who are already registered in the Social Security Online Service may submit the application online (See "**Where to submit the application?**")

Forms

- Form RP5045/DGSS – *Requerimento abono de família pré-natal/Abono de família para crianças e jovens* (Application for prenatal family benefit/family benefit for children and young people).
- Form RP5045/1/DGSS – *Requerimento abono de família pré-natal/Abono de família para crianças e jovens – Folha de continuação* (Application for prenatal family benefit / family benefit for children and young people – Continuation sheet).
- Form RP5045/2-DGSS – *Requerimento abono de família pré-natal/Abono de família para crianças e jovens. Instruções de preenchimento* (Application for prenatal family benefit / Benefit for children and young people. Filling instructions).
- Form GF54-DGSS – *Declaração/Alteração – Composição e Rendimentos do Agregado Familiar* (Statement/Change – Household Composition and Income).
- Form GF54/1-DGSS – *Declaração/Alteração – Composição e Rendimentos do Agregado familiar - Folha de continuação da Declaração/Alteração* (Statement/Change – Household Composition and Income – Continuation sheet).
- Form GF54/2-DGSS – *Declaração/Alteração - Composição e rendimentos do agregado familiar. Informações e instruções de preenchimento* (Statement/Change – Household Composition and Income. Information and filling instructions).
- Form GF58-DGSS - *Pedido de Reavaliação do Escalão de Rendimentos* (Request for Income Level Reassessment).

Children or young people with disabilities

- Form RP5039-DGSS - *Prova da deficiência – Prestações familiares (prova anual, no caso da deficiência não ser considerada permanente)* (Proof of disability - Family benefits (annual proof, if the disability is not considered a permanent disability)).
- Form RP5034-DGSS - *Requerimento de bonificação por deficiência* (Application for a disability bonus)

These forms are available for printing on the Internet at www.seg-social.pt; in the **Acessos Rápidos** (Quick Access) menu, click on **Formulários** (Forms) and in the field **Pesquisar por palavra-chave** (Keyword Search) insert the form/model number or name.

For example, if you want to apply for the family benefit for children and young people, you must insert "RP5045-DGSS" or "*Requerimento abono de família para crianças e jovens*" (Application for the family benefit for children and young people) in the *Keyword Search* field.

Necessary documents

- **Portuguese citizens**

Portuguese citizens residing in Portugal, as well as Portuguese citizens working abroad and whose remuneration is fully or partially paid by the Portuguese State.

- Valid identification document (Citizen card, ID document, civil registration certificate or passport).
- Taxpayer document (NIF), in case they do not have a citizen card.

Please note: If the household members are already identified in the Social Security Information System, it is not necessary to submit the above-mentioned documents.

- **In the case of single-parent families:**

- **Approved Agreement on the Regulation of Parental Responsibilities:** When there is an agreement on the regulation of parental responsibilities between the parents; in order for it to be legally valid, it must be approved by the Civil Registry Office or Court;
- **Judgment on the Regulation of Parental Responsibilities:** In the absence of an agreement between the parents, the applicant must submit the supporting document of the judgment handed down within the scope of the regulation of parental responsibilities;
- **Proof of submission of the application for the Regulation of Parental Responsibilities to the Civil Registry Office or the Court:** If there is not yet an approved agreement/judgment, or the application for the regulation of parental responsibilities has not yet been submitted to the Civil Registry Office or the Family and Minors Court, this must be done as soon as possible and the proof of submission of the application concerned must be submitted to the Social Security services.

Please note: For more detailed information about increases in the family benefit for children and young people, please consult the Practical Guide: *Guia Prático: Majorações do abono de família para crianças e jovens, do abono de família pré-natal e da bonificação por deficiência* (Increases in the family benefit for children and young people, the prenatal family benefit and the disability bonus).

- **Foreign citizens (children/young people)**

1. **Not covered by an international agreement or Community legislation**

Valid document proving that they are legally resident in Portugal or in a similar situation (see Glossary - Persons treated as residents).

In accordance with the Law on Foreigners – Law no. 23/2007 of July 04:

- Valid residence permit; or
- Valid proof of the application submission for the Residence Permit extension, or
- Valid residence visa.

In accordance with the Asylum Law – Law no. 27/2008 of 30 June:

- Residence permit (Refugee Status); or
- Proof of the application submission for a residence permit – refugee; or
- Temporary Residence Permit; or
- Proof of the Application submission for a temporary residence permit; or
- Proof the Application submission for the provisional residence permit renewal.

Please note: A minor who was not born in Portugal but is residing here and does not have one of the documents mentioned in the previous paragraph, may always benefit from a resident status identical to that granted to the persons who effectively exercise parental responsibilities over him/her, provided that the residence permit application has been submitted to AIMA (Agency for Integration, Migration and Asylum) for more than 30 days.

2. Covered by an international agreement or Community legislation

Citizens of the European Union, European Economic Area and third countries that have an agreement on the free movement of persons within the European Union do not need to submit these documents – they are treated as if they were Portuguese citizens.

Please note: Other cases (non-residents in Portugal) - See **Frequently Asked Questions International Affairs**

- **Young people aged 16 to 24**
 - ✓ Photocopy of the student card or certificate of enrolment issued by the educational establishment.
 - ✓ Statement issued by the educational establishment certifying that the person concerned cannot enrol for the following school year (if the young person cannot enrol for a reason that is not of his/her responsibility)
 - ✓ Medical statement, if the young person reaches the age limit established according to the respective education level and he/she cannot complete the school year successfully due to an accident or sickness situation.

- **If the application of the family benefit for children and young people is submitted by someone other than the mother, father or the young person himself/herself:**
 - ✓ Document certifying that the person submitting the application has the child or young person under his/her care.

Who may submit the application?

- The parents
- The legal representatives
- The person or entity taking care of the child or young person.
- The young person himself/herself, if he/she is aged 18 or more.

Please note: If there is more than one child or young person entitled to the family benefit in the same household, the application must always be submitted by the same person.

Exception: After the child's birth, when the mother applies for the prenatal family benefit, she is also applying for the family benefit for children and young people.

Change of the family benefit holder

A person can make a written request for the change of the family benefit holder, provided that this person is also a member of the child's household and proves that he/she is legitimately entitled to do so.

This request and the respective documents shall be examined on a case-by-case basis.

Please note: If the family benefit holder moves to another household, a new application must be submitted by another person who proves that he/she is legitimately entitled to do so.

Where to submit the application?

1. **Preferably through the Social Security Online Service** (*Segurança Social Direta*), taking the following steps:

<p>Please note: The application can only be submitted through Social Security Online Service if the child and the applicant already have a Social Security Identification Number (NISS).</p>

Step 1: On the **Família** (Family) menu, click on **Abono de família e pré-natal** (Family and prenatal benefit).

The following options are available:

- ✓ **Pedir e Consultar** (Request and Consult) - used to consult and submit applications for the Family Benefit for Children and Young People and the Prenatal Family Benefit.

- ✓ **Consultar Pagamentos** (Consult Payments) - used to consult information concerning the Family Benefit for Children and Young People and the Prenatal Family Benefit payments, the last benefit amount paid and the respective date, the data concerning the beneficiary and the holder.
- ✓ **Declaração de Situação** (Situation statement) – used to ask for a statement about the current status of a particular family benefit.
- ✓ **Entregar prova escolar** (Submit school proof) - used to submit the school proof concerning the current school year.
- ✓ **Consultar prova escolar** (Consult school proof) - used to consult information on the school proofs submitted.

Step 2: Click on **Pedir e Consultar** (Request and consult)

This menu provides information concerning all your family benefit applications. The information is organised by Application Date (from the most recent to the oldest) and indicates the Type of Benefit, the Beneficiary and the Benefit Status. To consult detailed information on each benefit, click on **Ações** (Actions) and select the option **Consultar** (Consult).

In this menu you may consult your family benefits and their current status and submit new applications for family benefits, by clicking on **Pedir novo abono pré-natal** (New application for the prenatal family benefit) and **Pedir novo abono de família** (New application for the family benefit for children and young people).

Very important note: Before you start your Family Benefit application submission, make sure that you have the following information/documents:

- The social security identification number (NISS) or tax identification number (NIF) of each one of the family benefit beneficiaries;
- The document attesting your legal residence in Portugal, if you are a foreign citizen;
- If you have received family benefits from another institution, the document attesting that you no longer receive family benefits from that institution;
- If you have dependent children or young people still entitled to family benefits from another institution, a document stating their entitlement to family benefits from that institution;

Important note: You may consult and manage the information on the household members through the Social Security Online Service before submitting the family benefit application; in the **Família** (Family) menu, click on **Agregado e relações familiares** (Household and Family Relationships) > **Agregado familiar** (Household).

Note: this procedure does not apply to Institutions/Legal Persons.

Please note: At the top of the screen, in the **Ajuda** (Help) tab, you will find questions and answers on how to apply for the Family Benefit for Children and Young People and clarification of various matters concerning this social benefit.

2. At the Social Security customer information services

- By submitting the application form Model RP5045/DGSS – *Requerimento abono de família pré-natal/Abono de família para crianças e jovens* (Application for prenatal

family benefit/family benefit for children and young people) in paper and the documents indicated therein.

Please note: The social security customer information services network map is available at www.seg-social.pt; in the **A Segurança Social** (Social Security) menu, click on **serviços de atendimento** (customer information services) and search by locality the customer information service of your residence area.

Until when must the application be submitted?

The application must be submitted within 6 months from the first day of the month following the date in which the person is entitled to family benefits (for example, the child's birth).

If the application is not submitted within this time limit, the beneficiary will only be entitled to the family benefit from the month following the date in which the application was submitted.

D1 - How does this benefit work? How much will the applicant receive and when will he/she receive it?

How is the benefit calculated?

What are the 5 reference income levels?

Benefit amount

When will the benefit be paid?

Entitlement period

How to request the reassessment of the household income level

How is the benefit calculated?

The family benefit amount is determined according to the respective income level, which varies according to the household reference income and the year to which it concerns.

The following income categories are considered in the calculation of the household monthly income:

- Employment income (including Holiday pay and Christmas Bonus)

Note 1: The earnings of young students attending an official or authorized educational establishment and who work during school holidays under the provisions of the labour law, are not considered.

Note 2: For the purposes of granting the family benefit for children and young people and the prenatal family benefit, the earnings of young student workers, aged up to 27, whose annual amount is not higher than 14 times the guaranteed minimum monthly wage, are not considered.

- Income from self-employment work (business and professional)
- Capital Income (please consult the *Guia Prático da Condição de Recursos – Practical Guide on Means-Testing* ^(*))
- Property income (please consult the *Guia Prático da Condição de Recursos – Practical Guide on Means-Testing* ^(*))

- Pensions (including alimony)
- Social benefits (all social security benefits, except family, disability and dependency benefits granted within the scope of the family protection subsystem)
- Allowances to support rent payments or other regular housing supports from the State

(*) To learn more about the means-testing condition for the entitlement to the family benefit for children and young people, please consult the relevant practical guide.

The benefit amount varies according to:

- the household income level;
- the child's age;
- the number of children;
- the number of adults (in the case of single-parent households).

There are five income levels; households with lower income levels receive higher benefit amounts

Households in the 1st, 2nd, 3rd and 4th income levels are entitled to the family benefit for children and young people. Households in the 4th income level are entitled to the family benefit only if they have children aged up to 72 months. Households in the 5th income level are not entitled to the family benefit for children and young people.

The income level is calculated according to the household reference income

1. First, it is calculated the total value of all household members annual income
2. Then, it is added the number of children and young people entitled to the family benefit, plus one.
3. The first value is divided by the second to calculate the *reference income*.
4. This *reference income* is equivalent to one income level (from the 1st to the 5th).

What are the 5 reference income levels?

Income from 2022 - used to calculate the income level for the family benefit to be paid from 1 January 2024 to 31 December 2024 to children or young people who are already receiving the family benefit (continued entitlement to the benefit - proof of income made in October 2023), based on the social support index (*IAS – Indexante dos Apoios Sociais*) value, in force on the year of the household reference income taken into account (IAS value in 2022 = € 443,20)

Income from 2023 - used to calculate the income level for the family benefit payment as from 2024 (new applications submitted in 2024), based on the social support index (*IAS – Indexante dos Apoios Sociais*) value, in force on the year of the household reference income taken into account (IAS value in 2023 = € 480,43).

Income levels	Household reference income	Income from 2022	Income from 2023
1	Equal to or lower than 0,5xIASx14	Up to €3.102,40 (inclusive)	Up to €3.363,01 (inclusive)
2	Higher than 0,5xIASx14 and equal to or lower than 1xIASx14	From €3.102,40 to €6.204,80	From €3.363,01 to €6.726,02
3	Higher than 1xIASx14 and equal to or lower than 1,7xIASx14	From €6.204,80 to €10.548,16	From €6.726,02 to €11.434,23
4	Higher than 1,7xIASx14 and equal to or lower than 2,5xIASx14	From €10.548,16 to €15.512,00	From €11.434,23 to €16.815,05
5	Higher than 2,5xIASx14	More than €15.512,00	More than €16.815,05

Please note: The 3rd and 4th income levels were changed in July 2022 to the values listed in the previous table by virtue of Decree-Law no. 56/2022 of 19 August.

Benefit amount

Tables with benefit values - Household income levels

As of 2024

Value of the Family Benefit per child/young person			
Household income	Aged up to 36 months	Aged more than 36 months and less than 72 months	Aged more than 72 months
1st income level + child guarantee ⁽¹⁾	–	€122,00 (€72 + €50)	
1 st income level	€183,03	€72,00	
2 nd income level	€154,92	€72,00	
3 rd income level	€126,57	€56,86	€52,09
4 th income level	€84,75	€42,91	-

⁽¹⁾ The Child Guarantee is a regular cash benefit that complements the family benefit. It is aimed at children and young people aged under 18 and who belong to households at risk of extreme poverty.

For more information on the granting conditions of the Child Guarantee, please consult the respective practical guide: *Guia Prático – Garantia para a Infância* (Practical Guide – Child Guarantee).

Note: All students aged between 6 and 16 (during the current calendar year) and whose household reference income is in the 1st income level, are entitled to twice the family benefit amount in September.

Families with two or more children

Large households with children aged up to 36 months are entitled to an increase in the family benefit, whose monthly amounts are currently as follows:

Household with **two children**:

- €62,25: 1st income level
- €55,24: 2nd income level
- €52,09: 3rd income level
- €37,64: 4th income level

Household with more than **two children**:

- €102,51: 1st income level
- €88,47: 2nd income level
- €82,18: 3rd income level
- €53,38: 4th income level

Single-parent households (only one adult)

Single-parent families – households with one child or more and only one adult - are entitled to an increase in the family benefit amount, as follows:

- more 50% of the family benefit amount for the 1st, 2nd, 3rd and 4th income levels
- more 35% for pregnant women entitled to the prenatal family benefit

Children accommodated in social support establishments

Children accommodated in social support establishments are entitled to the 1st income level.

For more detailed information about increases in the family benefit for children and young people, please consult the *Guia Prático - Majorações do abono de família para crianças e jovens, do abono de família pré-natal e da bonificação por deficiência* (Practical Guide – Increases in the family benefit for children and young people, the prenatal family benefit and the disability bonus).

When will the benefit be paid?

If the application is submitted	The family benefit will be paid
--	--

Within the established time limit (6 months from the month in which the person is entitled to the family benefit)	In the month following that in which the person is entitled to the family benefit
Out of time	From the month following the date in which the application was submitted

Entitlement period

Children and young people without disabilities

- Up to the age of 16.
- From the age of 16, only if they are studying (see Table 1).

Children and young people with disabilities

- Up to the age of 24.
- From the age of 24, only if they are studying (see Table 1).

How to request the reassessment of the household income level

Whenever there is a change in the household income or composition, which was used as the basis for calculating the reference income to determine the income level, the person concerned may request the reassessment of the household income level through the Social Security Online Service (**Segurança Social Direta**). In the **Família** (Family) menu, click on **Abono de família e de pré-natal** (Family benefit and Prenatal Family Benefit) » **Pedir e Consultar** (Request and Consult); then, select the option **Pedir reavaliação do abono de família** (Request family benefit reassessment) and make the request, completing the fields with the necessary information for this purpose.

This request is applicable in the case of household income reduction and can only be accepted within 90 days after the end of the time limit established for the annual income proof submission or the date in which the previous statement of changes in the household income and composition took effect.

Note: To learn more on how to register the reassessment request, please consult the guide: **[Passo-a-Passo para registo do pedido de reavaliação do Abono de Família através da Segurança Social Direta](#)** (Step-by-step instructions on how to register the family benefit reassessment request through the Social Security Online Service).

The annual value to be considered in the income level reassessment is calculated by multiplying the gross monthly value received (earnings, pensions or social benefits, except cash benefits granted within the scope of the family protection subsystem, aimed to ensure compensation for family, disability and dependency expenses) with the number of months per year in which these values will be paid.

Income from 2024 - used only for **income level reassessment requests**, based on the social support index (*IAS – Indexante dos Apoios Sociais*) value in force on the year of the household reference income taken into account (IAS value in 2024 = € 509,26).

Income levels	Household Reference Income	Income from 2023
1	Equal to or lower than 0,5xIASx14	Up to €3.564,82 (inclusive)
2	Higher than 0,5xIASx14 and equal to or lower than 1xIASx14	From €3.564,82 to €7.129,64
3	Higher than 1xIASx14 and equal to or lower than 1,7xIASx14	From €7.129,64 to €12.120,39
4	Higher than 1,7xIASx14 and equal to or lower than 2,5xIASx14	From €12.120,39 to €17.824,10
5	Higher than 2,5xIASx14	More than €17.824,10

D2 – Payment of the family benefit for children and young people

You may receive the family benefit for children and young people by:

- bank transfer,
- How to join the Minimum Banking Services
- mail (postal order).

Payment by bank transfer is faster and safer.

How to inform the Social Security services that you want to receive your benefits by bank transfer

1. **Through the Social Security Online Service (*Segurança Social Direta*)**. The IBAN is immediately registered in the Social Security Information System:

Access the Social Security portal on the Internet at www.seg-social.pt;

Click on ***Segurança Social Direta*** (Social Security Online Service);

Insert your ***NISS*** (Social Security Identification Number) and **Password**;

In the ***Perfil*** (Profile) menu, click on ***Conta bancária*** (Bank account) and then on ***Alterar conta bancária*** (Change bank account).

Indicate your **IBAN and confirm it**.

2. **At the Social Security customer information services**
3. **Fill in the form Mod. MG 14 – *Requerimento de Registo ou Alteração de IBAN*** (Application for IBAN Registration or Change) and attach a copy of the document attesting the IBAN.

This form/model is available for printing at www.seg-social.pt; in the **Acessos Rápidos** (Quick Access) menu, click on **Formulários** (Forms) and in the field **Pesquisar por palavra-chave** (Keyword Search) insert the form/model number or name.

How join the Minimum Banking Services

If you still do not have a current account, you may open a minimum banking services account at any bank.

The annual cost is less than 1% of the national minimum wage.

To find out if you meet the necessary criteria and to obtain more information, please visit the website www.clientebancario.bportugal.pt or go to one of the Social Security Customer Information Services.

D3 – Duties of the holder/beneficiary

The holder/beneficiary must:

- state any family benefits for children and young people received from another institution
- notify the Social Security services within 10 days of any change of circumstances that may affect the family benefit payment
- submit all the documents requested by the Social Security services
- submit the mandatory school proof
- submit documents supporting the household income and composition

The holder/beneficiary must state any family benefits for children and young people received from another institution

If the person concerned has applied for or is receiving family benefits for children and young people from another institution, including those granted by entities from other countries, he/she must state this fact in the application submitted to the Social Security services.

The holder/beneficiary must notify the Social Security services within 10 days of any change of circumstances that may affect the family benefit payment:

- If the young person stops studying.
- If the young person starts working, except if the work is carried out under an employment contract during his/her school holidays.
- If there is a change of residence (address)
- If there are changes in the household composition and/or income, namely in situations where the household becomes a single-parent household or *vice versa*.

A person can make a written request for the change of the family benefit holder, provided that this person is also a member of the child's household and proves that he/she is legitimately entitled to do so.

This request and the respective documents shall be examined on a case-by-case basis.

Please note: If the family benefit holder becomes a member of a different household, a new application must be submitted by another person who proves that he/she is legitimately entitled to do so.

Note: You may also use the Social Security Online Service (*Segurança Social Direta*) to change the household composition and income without having to fill in the form; This may be done any time, as long as these changes take place.

- To change the household composition, you may consult the **Ajuda** (help) tab, in the upper right corner of the screen and follow the steps indicated for this purpose; in **Família>agregado e relações familiares** (Family>household and family relationships), choose the desired option (Household or Family relationships);
- To change the household income, you have to request the reassessment of the household income level, following the steps explained on page 17 of this document.

Documents to submit when required by the social security services

The following documents must be submitted when required:

- Form GF54/2020-DGSS – *Declaração/Alteração - Composição e rendimentos do agregado familiar* (Statement/Change – Household Composition and Income),
- Civil registration certificate, ID document, Citizen card, birth certificate, passport of the child or young person and/or of the household members.
- Residence permit or document supporting a similar situation, in the case of foreign citizens not covered by any international agreement.
- Medical statement, If the young person reaches the age limit established according to the level of education he/she is in and cannot finish school successfully due to an accident or sickness situation
- Document proving that the applicant is the legal representative of the child or young person or has the child or young person under his/her care.
- Photocopy of the student card or certificate of enrolment issued by the educational establishment.
- Other documents requested by the Social Security services.

Mandatory submission of school proof

School proof submission is mandatory for young people aged 16 or over, or young people aged 24 or over in case of disability (exceptions: from the age of 15, if the young person completes the age of 16 during the school year, so that the social security services may *ex officio* grant a scholarship and continue to pay the family benefit after the young person has completed the age of 16).

The school proof, in addition to being necessary for the continued payment of family benefit to young people from the age of 16, is also used by the social security services to the *ex officio* granting of a scholarship.

Note: The School Proof may be carried out *ex officio* by the services or submitted by the person concerned. The *ex officio* School Proof results from the automatic exchange of information between the Social Security services and the Ministries of Education and Higher Education.

Whenever the School Proof submission is carried out *ex officio* by the services, the date of submission appears automatically in the **Provas registadas** (Registered School Proofs) tab and the citizen is not required to make any additional registration. In the case it was not possible for the services to carry out *ex officio* the School Proof, it must be registered by the citizen in the **Provas por registar** (School Proofs to be registered), as in the example below:

Provas por registar Provas registadas

NISS Ano letivo

 Todos Limpar Pesquisar

Provas Escolares por registar

Ano letivo	NISS	Nome	Ações
2024/2025	1	S	Registar Prova Escolar
2023/2024	1	S	Registar Prova Escolar

< Página 1 > 5

The students enrolled in private establishments without an association contract, in vocational training courses equivalent to the primary or secondary levels of education, or in higher education establishments must always submit their school proofs through the Social Security Online Service (*Segurança Social Direta*).

For more detailed information on Scholarship granting, please consult the [Guia Prático – Prova Escolar – Abono de Família para Crianças e Jovens, Bolsa de Estudo e Pensão de Sobrevivência](#) (Practical Guide – School Proof – Family Benefit for Children and Young People, Scholarship and Survivor’s Pension), also available for printing on the Internet, at www.seg-social.pt; in the **Acessos Rápidos** (Quick Access) menu, click on **Guias Práticos** (Practical Guides) and in the field **Pesquisar por palavra-chave** (Keyword Search) insert the Guide name.

Young people entitled to the family benefit for children and young people, who are also entitled to the survivor’s pension, when submitting the school proof for the continuation of the family benefit entitlement are exempt from the submission of the same proof for the continuation of the survivor’s pension entitlement.

School proof submission is mandatory for young people aged 16 or over (without disabilities) or young people aged 24 or over (in case of disabilities).

Note 1: A young person who completes the age of 16 during the school year must submit the school proof previously, in July.

Example: A 15-year-old person who will turn 16 during the school year beginning on 1 September must submit the school proof through the Social Security Online Service until the end of July.

Note 2: In the case of young people with disabilities, when the school proof is submitted only for the purpose of scholarship granting, this submission is essential for the respective payment.

Note 3: Young people enrolled in the 10th, 11th or 12th school grade, aged under 16, who are in the 1st or 2nd income level and, therefore, are not required to submit the school proof for family benefit purposes, must still submit the school proof until 31 July in order to be entitled to a scholarship.

Note 4: Young people with disabilities, aged under 24, do not have to submit a school proof to be entitled to the family benefit for children and young people.

For more detailed information on Scholarship granting, please consult the [Guia Prático - Bolsa de Estudo](#) (Practical Guide - Scholarship).

If the young person was unable to enrol in an educational establishment, or could not finish the school year successfully due to an accident or sickness situation, he/she must submit the documents supporting that situation (statement of the educational establishment or medical certificate).

If the school proof is not submitted within the time limit established for that purpose, the family benefit payment will be suspended right from the beginning of the school year (September).

School proof submission after the time limit established for that purpose:

- if it is submitted until 31 December of the school year concerned, the family benefit payment is resumed and the suspended amounts are paid;
- if it is submitted as of 1 January of the school year concerned, without a reasonable justification, the family benefit payment will be resumed only in the first day of the month following the date of school proof submission and the beneficiary will no longer be entitled to the suspended amounts.

Note 5: The statement on the household income level for the granting of the family benefit for children and young people may be obtained through the Social Security Online Service. In the **Família** (Family) menu, click on the option **Emitir declaração de situação de prestações familiares** (Issue statement of family benefits situation).

Submission of documents supporting the household income and composition

The submission of the annual proof of income is mandatory for the purpose of determining the family benefit for children and young people.

It is carried out **ex officio**, through the exchange of information between the Social Security and the Tax Administration services, being also considered the amount of social benefits paid by the *Instituto da Segurança Social, I.P.* (Social Security Institute, P.I.)

- **Note:** In case the proof of income cannot be done *ex officio*, through the exchange of information between the aforementioned services (e.g. benefits paid by other institutions, foreign income not declared to the Portuguese Tax Administration for income tax purposes), in order to comply with the obligation to submit the documents attesting the household income and composition, the holder/beneficiary should preferably use the Social Security Online Service (*Segurança Social Direta*) and follow the steps described in the subtitle – “How to request the reassessment of the household income level”.

Submission of statement allowing the access to bank information or submission of requested documents

When the Social Security services consider that it is necessary to verify the movable assets declared, they may require the family benefit holder or any member of his/her household to submit a statement allowing the access to banking information or, alternatively, any banking documents considered relevant for that purpose.

What happens if the holder/beneficiary does not comply with his/her obligations?

If the statement allowing the access to banking information or the documents requested is/are not submitted within the established time limit, the examination of the family benefit application shall be suspended. In this case, the family benefit will be granted only in the month following the date of submission of the mentioned document(s).

If the family benefit is already being paid when the services request the submission of a statement allowing the access to banking information or bank documents and the holder/beneficiary does not submit it/them within the established time limit, the benefit payment shall be suspended and it will be resumed only in the month following the date of submission of the requested document(s).

D4 – Reasons for the end or suspension of the family benefit for children and young people payment

The family benefit payment is suspended if...

The family benefit payment ends when...

The payment of the family benefit for children and young people is suspended in one of the following situations:

- The holder/beneficiary does not submit the form GF54-DGSS – *Declaração/Alteração - Composição e rendimentos do agregado familiar* (Statement/Change – Household Composition and Income) within the time limit established for that purpose.
- The holder/beneficiary does not submit the School Proof during the month of July.
- The young person, aged 16 or more, exceeds the age limits established according to the

respective education level (see Table 1).

- The young person aged 16 or more stops studying.
- The young person starts working, except if the work is carried out under an employment contract during school holidays.
- The young person starts receiving the parental social benefit.
- The household reference income is higher than the limit established for the 3rd income level, or the 4th income level in the case of children aged 36 months or more, or is placed in the 5th income level (for more details, please consult the reference income table in section D1).
- When the holder/beneficiary is requested to submit a statement allowing the access to property information from *Banco de Portugal* (Bank of Portugal), or any banking documents considered relevant for that purpose, and he/she does not submit it/them within the established time limit, the right to the benefit payment shall be suspended until the requested document(s) is(are) submitted.

If	The family benefit payment is suspended (the beneficiary stops receiving it)
The school proof is not submitted within the established time limit	In the beginning of the school year (September)
The young person stops studying	In the month following the date of communication to the social security services
The young person starts working, except if the work is carried out under an employment contract during his/her school holidays	In the month after the date of the activity beginning
The reference income of the household is higher than the limit established for the 3 rd income level, or the 4 th income level for children aged 36 months or more	From 1 January of the following year, or from the month following the income change communication
The young person starts receiving the parental social benefit	In the month following the date of the parental social benefit payment beginning

The family benefit payment is resumed if

- The holder/beneficiary submits the documents requested by the Social Security services.
- The holder/beneficiary submits the School Proof.
- The young person stops working and goes back to school.
- The young person stops receiving the parental social benefit and goes back to school (young person aged 16 or more).
- The household *reference income* changes and returns to one of the income levels that give entitlement to the family benefit for children and young people.

The family benefit **payment is resumed** in the month following the date of submission of the supporting documents requested by the Social Security services, except in the situations foreseen for the school proof submission (see section **D3**).

The family benefit payment ends when...

- The young person with disability completes the age of 24 and is not enrolled in a higher

education establishment.

- The young person with disability is enrolled in a higher education establishment and completes the age of 27 before the beginning of the school year.
- The child or young person dies.
- The child or young person does not provide proof of legal residence in Portugal.
- The child or young person changes his/her residence to another country.
- **The holder/beneficiary makes false statements** in what concerns the means-testing elements for the granting of a social benefit to which he/she was not entitled.

As a penalty, the person concerned **will not receive the family benefit for a period of 24 months (two years)** from the date in which the situation is detected by the Social Security services, and **any other social benefits** whose granting is subject to the means-testing condition (not only the benefit granted under false statements, as well as cash benefits granted to compensate family expenses, **the Unemployment Social Benefit, the Social Integration Income (RSI) and Parental Social Benefits**).

E1 - Applicable Legislation

Regulatory Decree no. 1/2024 of 17 January

Amends the rules governing the legal regime for the entry, stay, exit and removal of foreign citizens from the national territory.

Ministerial Order no. 422/2023 of 11 December

Updates the amounts of the family benefit for children and young people, the prenatal family allowance, the death grant, the family benefit disability bonus, the allowance for the care provided by a third party and strengthens the increases to the family benefit for single parent families.

Ministerial Order no. 421/2023 of 11 December

Updates the Social Support Index (IAS – *Indexante dos Apoios Sociais*) value for 2024 (€509,26€).

Law no. 13/2023 of 3 April

Amends the Labour Code and related legislation, within the scope of the decent work agenda.

Ministerial Order no. 34/2023 of 25 January

Updates the amounts of the family benefit for children and young people, the prenatal family allowance, the death grant, the family benefit disability bonus, the allowance for the care provided by a third party and strengthens the increases in the family benefit for single parent families.

Ministerial Order no. 298/2022 of 16 December

Updates the Social Support Index (IAS – *Indexante dos Apoios Sociais*) value for 2023 (€ 480,43).

Law no. 24-D/2022

State Budget for 2023.

Decree-Law no. 56/2022 of 19 August

Extends the family benefit coverage and changes the respective income levels.

Regulatory Decree no. 3/2022 of 19 August

Regulates the Child Guarantee allowance.

Decree-Law no. 109-B/2021 of 7 December

Approves the updating of the guaranteed minimum monthly wage and creates an exceptional compensation measure.

Ministerial Order no. 294/2021 of 13 December

Updates the Social Support Index (IAS – *Índice dos Apoios Sociais*) value for 2022 (€ 443,20).

Ministerial Order no. 191/2019 of 24 June

Regulates the terms and rules for the submission of the annual proof of school situation, foreseen in Article 43 of Decree-Law no. 176/2003 of 2 August, which defines the compensation for family expenses within the scope of the family protection subsystem.

It also regulates the terms and rules for the submission of the proof of school situation within the scope of the legal protection scheme in the event of death of beneficiaries from the social security general scheme, foreseen in Article 12 of Decree-Law no. 322/90 of 18 October, in its current wording.

Law no. 114/2017 of 29 December

Approves the State Budget for 2018. It amends Article 11 (b) and Article 22 (2), (3) and (4) of Decree-Law no. 176/2003 of 2 August, amended and republished by Decree-Law no. 133/2012 of 27 June.

Amends Article 6 (2) of Decree-Law no. 70/2010 of 16 June, in its current wording.

Ministerial Order no. 344/2012 of 26 October

Establishes the terms and procedures for the reassessment of income levels.

Decree-Law no. 133/2012 of 27 June

Amends the legal schemes of social protection in the events of sickness, maternity, paternity, adoption and death, within the scope of the welfare system, the legal schemes of compensation of family expenses under the family protection subsystem and of the social integration income, the legal scheme regulating the recovery of unduly paid benefits and the means-testing law within the scope of the Social Security system, the rules on survivors' pensions, the legal scheme of social protection in the event of maternity, paternity and adoption within the scope of the converging social protection scheme for public servants.

Law no. 15/2011 of 3 May

Changes the wording of Article 3 (1) (h) of Decree-Law no. 70/2010 of 16 June.

Ministerial Order no. 249/2011 of 22 June

Approves the application forms for the social integration income, the prenatal family benefit, the family benefit for children and young people, the statement on the household composition and income, the unemployment social benefit and the parenthood allowance.

Decree-Law no. 77/2010, of 24 June

Determines that the increase in the amount of the family benefit for children and young people is only applicable to the first income level.

Decree-Law no. 70/2010 of 16 June

Establishes the means-testing rules for the granting of and continued entitlement to benefits from the family protection subsystem and the solidarity subsystem.

Ministerial Order no. 984/2007 of 27 August

In the wording given by **Decree-Law no. 133/2012 of 27 June** – it regulates the annual proof of school situation.

Decree-Law no. 201/2009 of 28 August

Creates a new benefit called scholarship and amends Decree-Law 176/2003 of 2 August, in the wording given by Decree-Laws no. 41/2006 of 21 February, no. 87/2008 of 28 May and no. 245/2008 of 18 December.

Law no. 4/2007 of 16 January, amended and republished by Law no. 83-A/2013 of 30 December - Social Security Framework Law.

Ministerial Order no. 458/2006 of 18 May

Permits that allow foreign citizens to be treated as residents.

Law no. 53-B/2006 of 29 December

Creates the Social Support Index (*IAS – Indexante dos Apoios Sociais*) and establishes new rules for updating pensions and other social benefits from the Social Security system.

Decree-Law no. 176/2003 of 2 August

In the wording given by Decree-Laws no. 41/2006 of 21 February, no. 87/2008 of 28 May, no. 245/2008 of 18 December and no. 133/2012 of 27 June - Regime jurídico da proteção nos encargos familiares (Legal scheme for the compensation of family expenses).

Regulation (EC) no. 883/2004

Establishes common rules aimed to the protection of social security rights of EU citizens when they move within the EU (as well as in Iceland, Liechtenstein, Norway and Switzerland).

Regulation (EC) no. 987/2009

Establishes the rules for the implementation of Regulation (EC) no. 883/2004

Regulation (EEC) 1408/71 of the Council, of 14 June

Application of Social Security Schemes to employed persons and members of their families moving within the community.

Regulation (EEC) 574/72 of the Council, of 21 March

Establishes the rules for the implementation of Regulation (EEC) no. 1408/71 of the Council, of 14 June

E2 – Glossary

School year

The period from 1 September to 31 August of the following year.

Residents and persons treated as residents

Residents

- National citizens whose habitual residence is in Portugal;
- Foreign citizens, refugees and stateless persons with a valid residence permit.

Persons treated as residents

- Refugees or stateless persons with a valid temporary protection permit;
- Foreign citizens with a valid stay permit or respective renewal;
- Foreign citizens with a valid residence permit in Portugal. Other acceptable permits are: temporary protection permit, stay permits and respective renewals (the assessment must be carried out on a case-by-case basis).
- Children whose parents or legal representatives **have not yet obtained a residence permit but prove that they have submitted the application for a residence permit to AIMA (Agency for Integration, Migration and Asylum) more than 30 days ago.**

Please note: Foreign minors who are not born in Portuguese territory, but are residing in Portugal, shall have the same resident status as that granted to those persons who effectively exercise parental responsibilities over them, namely for the purposes of the family benefit granting and allocation of the social security identification number.

Other persons

- Portuguese citizens living abroad, who are civil servants working for the Portuguese State, as well as their household members.
- Portuguese citizens who pay their contributions to the Portuguese Social Security system and work in a country with which Portugal is bound by a Social Security agreement (bilateral or multilateral agreement) and their household members.
- Foreign citizens covered by an international agreement or Community legislation.

- In general, all nationals of European Union countries (and their household members): Germany; Austria; Belgium; Bulgaria; Cyprus; Denmark; Slovakia; Slovenia; Spain; Estonia; Finland; France; Greece; Hungary; Ireland; Italy; Latvia; Lithuania; Luxembourg; Malta; Netherlands; Poland; Portugal; Czech Republic; Romania and Sweden. Citizens of Switzerland, Iceland, Norway and Liechtenstein are also covered by Community legislation.
- Currently, Portugal has international agreements covering the granting of family benefits with Brazil, Cape Verde, Morocco and Australia (for the latter country, only in what concerns children, or those treated as children, of pensioners from the Portuguese Social Security system).

Reference Income

The reference income is used to determine the household income level for the family benefit for children and young people granting.

There are five income levels.

Households in the 1st, 2nd, 3rd and 4th income levels are entitled to the family benefit for children and young people. However, the households in the 4th income level are only entitled to the family benefit if they have children aged up to 72 months. Households in the 5th income level are not entitled to the family benefit for children and young people. The households in the 1st income level are those with the lowest income and, therefore, receive the highest amount of the family benefit.

Vocational training equivalent to basic, secondary or higher education levels

A vocational training course equivalent to the level of education concerned (see **General Frequently Asked Questions**) or internship required to obtain the diploma of that level of education.

Frequently Asked Questions

General Frequently Asked Questions

Frequently Asked Questions – Determination of household composition and income

Frequently Asked Questions - International Affairs

General Frequently Asked Questions

How to determine the level of education corresponding to a vocational training course

It depends on the school grade required to enter the course:

- If it is not necessary to have completed the 9th grade, the course is equivalent to basic education.
- If it is necessary to have completed the 9th grade, the course is equivalent to secondary education.
- If it is necessary to have completed the 12th grade, the course is equivalent to higher education.

Do I have to declare the family benefit for children and young people amounts for income tax purposes?

No, you do not need to declare the family benefit for children and young people amounts for income tax purposes.

What should I do to change the family benefit holder?

You can make a written request to the change of the family benefit holder, provided that you prove that you are entitled to do so.

This request and the respective documents shall be examined on a case-by-case basis.

Please note: If the family benefit holder moves to another household, a new application must be submitted by another person who proves that he/she is legitimately entitled to do so.

Frequently Asked Questions – Determination of the household composition and income

Who is considered a household member?

In addition to the family benefit holder, the following persons living with him/her in common economy belong to the same household:

- Spouse or *de facto* partner for more than two years.
- Adult relatives and kin, in straight line and in collateral line, up to the 3rd degree (Parents; Parents-in-Law; Stepfather, Stepmother, Children, Stepchildren, Son-in-law, Daughter-in-law, Grandparents, Grandchildren, Brothers/Sisters, Brothers-in-law/Sisters-in-law, Uncles/Aunts, Nephews/Nieces, Great-grandparents, Great-grandchildren).
- Minor relatives and kin, in straight line and in collateral line (there is no limit to the degree of kinship).
- Children and young people adopted and protected by the holder or by any member of the household and children and young people entrusted to the holder or to any member of the household, by judicial or administrative decision from entities or services legally competent for that purpose.

Note 1: The household concept used in the means-testing scheme is similar to the domestic household concept, i.e., people living in the same house and bound by family ties. However, there are exceptions. Those who are in any of the following situations are not considered as household members:

- A person bound by a contractual relationship (e.g. the person is accommodated in the house or has rented part of the house).
- A person working for a household member.
- A person who is staying in the house for a short time.
- A person living in the household against his/her will because of physical or psychological coercion or other conduct undermining his/her individual self-determination

Note 2: Children and young people accommodated in reception centres are considered separately.

In the case of income from self-employment work (business and professional), what is considered in the calculation of the household income level?

All gross annual income (before deduction of taxes and contributions) indicated in the household member’s income tax returns. The gross income from self-employment work (business and professional) is considered in the following percentages:

Sales of goods and products	20% of the value declared in the income tax returns
Services provision	70% of the value declared in the income tax returns

Note: The percentage of gross income is calculated by the Social Security services. The applicant must state the gross income from self-employment work (business and professional) in the application.

When can I request the reassessment of the household income level?

After the annual income proof submission, carried out ex officio until 31 October, whenever there is a change in the household income or composition, the person concerned may request the reassessment of the household income level, by submitting the form GF58-DGSS – *Pedido de Reavaliação do Escalão de Rendimentos* (Request for Income Level Reassessment).

However, this request will only be accepted 90 continuous days after the end of the time limit established for the annual income proof submission, i.e., on 30 January of the following year.

If an income level reassessment has been requested before 31 October, a new request will only be accepted after 90 continuous days from the date in which the previous statement of changes in the household income and composition took effect.

Frequently Asked Questions - International Affairs

If a person is working abroad and his/her spouse and descendants are residing with him/her, which country is competent for the family benefit payment?

Answer: If the person is working in a European Union Member State, Iceland, Norway, Liechtenstein, Switzerland, as well as Brazil, Morocco, Cape Verde or the Channel Islands of the United Kingdom, the family benefit payment is primarily *ensured* by the country where the person concerned works and pays his/her contributions.

If a person is working abroad and his/her spouse and descendants are residing in Portugal, which country is competent for the family benefit payment?

Answer: If the person is working in a European Union Member State, Iceland, Norway, Liechtenstein, Switzerland, as well as Brazil, Morocco, Cape Verde or the Channel Islands of the United Kingdom, except Jersey*, the family benefit payment is primarily *ensured* by the country where the person concerned is working, even if the family members do **not reside** with him/her. The family benefit payment will be primarily *ensured* by Portugal only if the other parent is also working in Portugal.

If the person concerned is a citizen of another country (for example, an Angolan citizen, legally resident in Portugal) and is working in **Germany** or **Austria**, these countries may require a minimum period of

work or contributions payment in any of the EU Member States, in order to be entitled to the family benefit payment.

Therefore, if the person concerned has paid contributions in Portugal or in any other country of the **European Union**, Iceland, Norway, Liechtenstein or Switzerland, he/she must request the issuing of the **E 405** form, indicating his/her contribution payment periods and information on the last family benefit received.

Is the family benefit amount I am going to receive from the other country equal to the amount I would receive from Portugal, if I paid my contributions in Portugal?

Answer: No. The amount of benefits is determined by the legislation of the paying country and may differ from country to country. If the worker is entitled to family benefits from the country where he is working (European Union, Iceland, Norway, Liechtenstein or Switzerland), and if by virtue of the descendants' residence and the exercise of a professional activity by the other parent, the right to family benefits should be primarily ensured by Portugal, your family will, as a rule*, receive the amount equivalent to the highest amount of family benefits provided by the legislation of one of those Member States. In such cases, the worker must apply for payment of the differential supplement in the other Member State where he works.

***Note:** The payment of a differential supplement is not foreseen in the bilateral agreements between Portugal and Brazil, Cape Verde and Morocco.

The French Social Security institution has asked my husband to provide proof of the household composition and residence with a view to granting family benefits. As I live in Portugal with my children, which is the entity responsible for the issuing of this supporting document?

A: The certificate concerning the household composition is issued by the parish council of your residence area, using **E 401** form; after being duly completed, this form must be sent to the French institution.

My husband is working in Belgium and receives family benefits from the Belgian Social Security Institution.

Our son studies and lives with me in Portugal.

The Belgian social security institution is asking for proof of continuation of studies with a view to granting family benefits. Which is the entity responsible for the issuing of this supporting document?

A: The certificate attesting the continuation of studies must be issued by the educational establishment where your child is studying, using form **E 402**; after being duly completed, this form must be sent to the Belgian institution.

My husband is Angolan, works in Germany and pays his contributions to the German Social Security. My son and I are legally resident in Portugal and I do not work or pay contributions in Portugal. Is my son entitled to the family benefit from Germany?

A: Yes. Your husband must submit an application at the German institution competent for the family benefits granting. As you are legally resident in Portugal, you are entitled to benefit from the EU Social Security Regulations as if you were an EU citizen.