

Social Benefits given by the Portuguese Social Security to Ukrainian Citizens in Portugal

<https://portugalforukraine.gov.pt/>



Benefits in Portugal

What Family Benefits do I have access to*?

Monthly Total				
Family Benefits	Per child up to 1 year old	Per child ages between 1 and 3 years old	Per child ages between 3 and 6 year old	Per child older than 6 years old
Family benefits for Children and young people	149,85 €	149,85 €	49,95 €	37,46 €
Increase in the amount of the Family benefits for Children and young people (2 Children)	37,46 €	37,46 €	-	-
Increase in the amount of the Family Benefits for children (for more than 2 Children)	74,92 €	74,92 €	-	-
Increase in the amount of the Family Benefits for Children (Single parenthood)	52,45 €	52,45 €	17,48 €	13,11 €

Monthly Total			
Prenatal Benefits	1 Baby	Twins	Triplets
Prenatal Family Benefits	149,85 €	299,70 €	449,55 €
Increase in the amount of the Prenatal Family Benefits	52,45 €	104,90 €	157,35 €
Prenatal Family Benefits (Single parenthood families)	202,30 €	404,60 €	606,90 €

Monthly Total	
Disability (children up to 10 years old)	63,01 €
Single parenthood families	85,06 €

*The values provided are merely indicative and do not exclude the need to consult with the Portuguese Social Security. These values may vary according to the analysis of each situation.



Other Social Benefits

What Social Benefits do I have access to*?

Social Integration Income	Monthly Total	
	Titular	189,66 €
	For each adult family member	132,76 €
	For each minor family member	94,83 €

Social Benefit for Inclusion	Monthly Total	
	Less than 18 years old	137,65 €
	Less than 18 years old - monoparental family	185,33 €
	18 years or older	275,30 €
Complement	Up to 438,22€	

What other benefits can I request*?

Old-age Social Pension	Monthly Total	
	Less than 70 years old	232,53 €
	70 years or older	251,14 €

Third party care benefits	Monthly Total
	110,41 €

What benefits can I combine*?

MAY ACCUMULATE WITH:	Family Benefits for Children and Young People	Prenatal Family Benefits	Disability Benefits	Third Party Care Benefits	Social Integration Income	Social Benefit for Inclusion	Old-age Social Pension
Family Benefits for Children and Young People		X	X	X	X	X	
Prenatal Family Benefits	X		X		X	X	
Disability Benefits	X	X		X	X		
Third Party Care Benefits	X		X		X		
Social Integration Income	X	X	X	X		X	X
Social Benefit for Inclusion	X	X			X		
Old-age Social Pension					X		

Further Info or Registration to go to PORTUGAL:

Portuguese Embassy in Warsaw:

ukraineportugal@mne.pt

<https://ambasada-portugalii.pl/pt>

<https://www.facebook.com/embassyofportugalinwarsaw>

